

# HELP US PROTECT RESIDENTS



## Please do not visit if you have:

- Any flu like symptoms (like a fever, cough, sore throat, runny nose or shortness of breath) as you may put other people at risk.
- Travelled overseas or you have had contact with anyone known to have COVID-19. Do not visit the facility for 14 days since last contact or returning from overseas.

If your visit is urgent, please do not enter and call the facility for further advice.

# Protect yourself from viruses



**Clean** your hands with soap and water, or hand sanitiser.



**Cover** your nose and mouth when you cough or sneeze.



**Avoid** close contact with anyone with cold or flu-like symptoms.

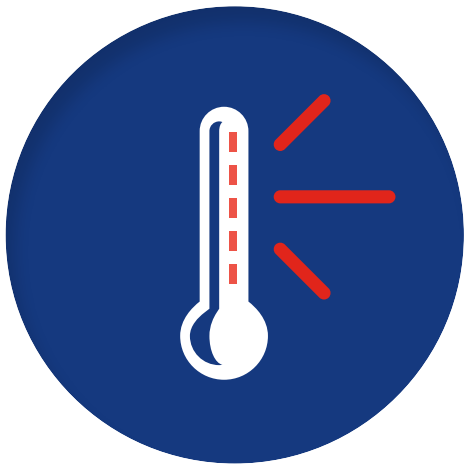


**Stay home** if you are sick.



## Find the facts

[health.nsw.gov.au/coronavirus](https://health.nsw.gov.au/coronavirus)



If you have a  
**fever, cough,  
sore throat  
or shortness  
of breath** and  
you have been  
**overseas** in the  
last 14 days



Please call your doctor or  
**healthdirect (1800 022 222)**



**Help us**

# **stop the spread**



**Clean your hands thoroughly**  
for at least 20 seconds with soap and water,  
or an alcohol-based hand rub.



**Cover your nose and mouth**  
when coughing and sneezing with a tissue  
or a flexed elbow. Put the tissues in the bin.



**Avoid close contact**  
with anyone with cold or flu-like symptoms.



**Stay home** if you are sick.

[health.nsw.gov.au/coronavirus](https://health.nsw.gov.au/coronavirus)