

# 5 STEPS TO WASHING YOUR HANDS

1. WET



2. SOAP



3. SCRUB



4. RINSE



5. DRY



A graphic of two yellow hands, one on the left pointing right and one on the right pointing left, set against a dark blue background. They are positioned on either side of a large red circle containing the text.

**KEEP SAFE**

**&**

**WASH YOUR  
HANDS**

# KEEP YOUR HANDS CLEAN



## Wash Your Hands

- After going to the toilet
- Before touching and eating food.
- After coughing, sneezing or blowing your nose.
- When hands are dirty

A graphic of two yellow hands, one on the left pointing right and one on the right pointing left, set against a dark blue background. They are positioned on either side of a large red circle containing the text.

**KEEP SAFE**

**&**

**WASH YOUR  
HANDS**

# Keep Safe



Wash  
your  
Hands

# Stay Healthy