

5 STEPS TO WASHING YOUR HANDS

1. WET



2. SOAP



3. SCRUB



4. RINSE



5. DRY





**KEEP SAFE
&
WASH YOUR
HANDS**



KEEP YOUR HANDS CLEAN



Wash Your Hands

- After going to the toilet
- Before touching and eating food.
- After coughing, sneezing or blowing your nose.
- When hands are dirty



**KEEP SAFE
&
WASH YOUR
HANDS**



Keep Safe



Stay Healthy